

12:02:12 From Helen : Hello from New Hampshire  
12:02:13 From Mary Ellen : @Rachel - we need to connect!!!!  
12:02:13 From Simona A : italy!!!  
12:02:13 From Gina Beirne To All Panelists : Hello from Upstate NY!  
12:02:14 From Jodie : Hello from Nebraska!  
12:02:15 From Karen Quinn : Greetings from Philadelphia!  
12:02:15 From Denise Gordon : Yay!! I made it in from south florida  
12:02:16 From Olivia Jorgensen To All Panelists : hello from Kansas,  
OK!  
12:02:16 From Roxanne : Good Morning from Texas  
12:02:16 From Tammy Lee : logged in at 11:30 to make certain I got in!  
12:02:16 From CarolB To All Panelists : Hello from Berwick, PA  
12:02:16 From readerreet : so excited! thanks Anne for doing this.  
it's so much fun!  
12:02:18 From B : Hello from SC  
12:02:18 From Bridget To All Panelists : Hi from Austin, Texas!  
12:02:19 From Diane Liebsch : Hi from Atchison, Kansas~  
12:02:19 From Teresa To All Panelists : Hi from Virginia!  
12:02:22 From Jillian Jasie To All Panelists : Hi from Boston!  
12:02:23 From Danielle Van Ekris : Hi from the Netherlands  
12:02:23 From Jessica : Hello from Michigan!  
12:02:23 From Becky : Hello from Rochester, MN  
12:02:24 From marigates : Hello from Mass.  
12:02:25 From Aubrey Aldave To All Panelists : Hello from Houston!  
12:02:26 From Elaine To All Panelists : Hello from Maryland!!  
12:02:26 From Alexa Stout Price To All Panelists : hello hello from  
Kansas City  
12:02:26 From Barbara To All Panelists : Hi from Ann Arbor  
12:02:26 From Linda Aldrich : hello from Houston Texas  
12:02:26 From Mary Jo To All Panelists : hello from Southlake Texas.  
so happy to here. thank you MMD  
12:02:27 From MaryBeth : is anyone else getting an echo on the audio?  
12:02:29 From Deborah : Hello from Kansas! So excited to be here!  
12:02:29 From meadowes To All Panelists : Hello from Nashville!  
Thrilled to be able to make it today!  
12:02:30 From Rita Hunter : Hello, from Atchison, KS  
12:02:30 From csing : hello 🇨🇦  
12:02:32 From Laura Miller (Library.Laura) : Hello from Kansas City!  
12:02:33 From Charnee : Hello from Salt Lake City, Utah  
12:02:33 From Denise Gordon : SO excited to be here!!!  
12:02:33 From Nancy Andrews : Hi from Indiana!  
12:02:33 From keren To All Panelists : hi from Israel  
12:02:34 From Doug Pusey To All Panelists : Hello from Augusta!  
12:02:34 From Marla : Hi All from Decatur GA  
12:02:35 From Linda : Hi from Northern California. So good to be here  
with all of you.  
12:02:36 From Beth DeLong : Hello from Johnson City, TN!  
12:02:36 From Rachel Plafker Esrig To All Panelists : Hi from West  
Orange, NJ :)  
12:02:42 From April To All Panelists : Hi from Bulverde, TX! thanks

for doing this!

12:02:48 From Mimi W To All Panelists : Hello from Chicago!  
12:02:48 From allison : Hi from Portland, OR!  
12:02:49 From Tracy Kaufman : Hello from Leawood, Kansas!  
12:02:50 From Lynda : so happy to be here! [?][?][?]  
12:02:50 From Jill Hoke : Hello from Palm Coast, Florida!  
12:02:50 From Brenda : Another person from Grand Rapids Michigan  
12:02:51 From KariS : MaryBeth- I'm not getting any echo  
12:02:51 From lindsaymckenzie : Hi from Louisville!! Love the book so far!!  
12:02:53 From Nancy Willardn : Hi, All! Nancy from St. Louis...Hi, little sister, Diane!  
12:02:54 From Diane Giarrusso To All Panelists : Hi from working at home in MA  
12:02:56 From MaryBeth : thanks, Kari!  
12:02:58 From Joan Flynn : Hello from Wichita, KS.  
12:03:00 From Sheryl To All Panelists : Hello from Wichita Kansas  
12:03:00 From Cait Burgess : Glad I made it this time:) Hi from Manassas, VA  
12:03:02 From Samantha Chapman To All Panelists : Hi from Michigan!  
12:03:05 From Kim : hi all from Cleveland ohio  
12:03:08 From Colleen Jones : Hi from Wisconsin! My book arrives today and I am so excited!  
12:03:09 From Nicole To All Panelists : Hi I'm also from Rochester, MN!  
12:03:10 From Vrena : Hi from Texas! Glad to be here with everyone!  
12:03:13 From Dawn To All Panelists : Good morning from Fort Collins, CO!  
12:03:14 From LSimonton To All Panelists : Hello from El Paso Texas!  
12:03:14 From Natalie Schmidt To All Panelists : Greetings, Everybody, from Ontario, Canada  
12:03:14 From Debora : Welcome from Louisiana!  
12:03:30 From Lezley CW : Hi from the UK!  
12:03:31 From readerreet To All Panelists : so Turlock is here again. A little rainy here in this part of California!#readerreet  
12:03:33 From pbjack To All Panelists : hi from Perkasie PA!  
12:03:35 From Hildred To All Panelists : Hello from NJ!  
12:03:41 From Natalie Schmidt To All Panelists : I've been using Zoom for socialising and meeting for 2 years now. It's fabulous!  
12:03:41 From Robert Zimmermann : Hi everyone  
12:03:46 From andabrown : Hello from Fort Worth!  
12:03:51 From cathyzzzz To All Panelists : My first time!  
12:03:53 From Anna Mittler : Hello from windy Helsinki,Finland.  
12:03:54 From andabrown : (Texas - LOL!)  
12:03:54 From Anne Szabo : I loved your book Anne. It has opened my eyes to my indecision  
12:03:56 From Ginger Horton : You can find out more about that community here: <https://members.modernmrsdarcy.com>  
12:03:57 From Roxanne : Hi from Foxy Roxy in texas  
12:04:09 From Mary Ellen : @stephanie and @Rachel I am also from

Milwaukee. Let's connect! I'm @bookmusingsbyme on instagram  
12:04:24 From Kim To All Panelists : hello from Oxford, Ohio  
12:04:25 From Jeanne To All Panelists : Hello from Appleton, WI  
12:04:26 From Natalie Schmidt : Hello, Everybody, from Ontario, Canada! I've been using Zoom for socialising and meeting for 2 years now. It's fabulous!  
12:04:32 From Kayla Stierwalt To All Panelists : Hello from Bowling Green, Kentucky.  
12:04:39 From Andrea Goodman To All Panelists : Ooh another Milwaukee girl here!  
12:04:40 From Kala : Hello from Macon GA!  
12:04:53 From Jackie L : Hi from Virginia!  
12:04:55 From KariS : I'm in WI too- northcentral part of the state.  
12:04:57 From Bridget Bussell-Brujic To All Panelists : Hello from Pittsburgh!  
12:05:03 From Beth : Hello from the Chicago area!  
12:05:03 From Susan : HI from Eatonton, GA  
12:05:05 From AmyPickett : Hi from Media, Pennsylvania!  
12:05:07 From Marie : I'm hoping to be able to use Zoom in Toronto to connect with students too  
12:05:15 From Lindsey Brackett To All Panelists : I'm from GA too! Up in the mountains.  
12:05:18 From Honore Francois : Hi Natalie...Honore here! In Washington DC!  
12:05:20 From Mary Ellen : Remember to change your setting to "All panelists and attendees - it's right above the comment box  
12:05:26 From carole : anyone else here from Memphis?  
12:05:30 From Kristen V : I'm so excited to be here. I'm from Washington and you weren't scheduled to visit here this time.  
12:05:35 From MaryBeth : Hi Amy Pickett - I used to live in Southeastern PA!  
12:05:41 From Lauren Etu : my mother in law got your book for me for my birthday and you personalized it too, but it's in quarantine at her house!!  
12:05:41 From Brittany Dudgeon To All Panelists : Hi from Fredericktown, Ohio!  
12:05:46 From MaryBeth : Honore - I'm in DC too!  
12:05:46 From michelle To All Panelists : Hi from Saskatoon, Saskatchewan  
12:05:54 From Lynda : never used zoom til last week, now have used 4 times! lol  
12:05:59 From Elizabeth To All Panelists : 🙌  
12:06:01 From Lindsey Brackett : thanks for the settings tip! Hi from GA!  
12:06:02 From meadows : Not from Memphis, but in TN (Nashville). Any others from Nashville here?  
12:06:05 From Lynda : 🙌🙌🙌🙌  
12:06:09 From Kristin : Hello from New Hampshire!  
12:06:10 From MrsD : Hey, all from Seattle!! So excited to be here!  
12:06:15 From Nancy Willardn : Hi, KariS!

12:06:22 From Alexa Stout Price : what was the name of the place to help support independent book stores? I missed it  
12:06:26 From Susan in TX : Hi Nancy and Kari!  
12:06:34 From Mona Parish : I would have been at your Waco event. Thanks for doing this.  
12:06:35 From Elizabeth : so appreciate this community  
12:06:35 From meadows : Libro FM-  
12:06:38 From KariS : Hello Nancy & Susan.  
12:06:38 From Megan C : The book is available on Hoopla, if your library offers it.  
12:06:44 From Denise Gordon : Me too!! I have like 75 lib books checked out....  
12:06:45 From t.berry : Hello from Rochester, NY! Love this community!  
12:06:49 From carole : Nashville - we are in quarantine like y'all.  
12:06:50 From Brandi O'Donnell : Hello Book Friends!  
12:06:55 From Wyndi Labrecque : I definitely went and hoarded library books when things started shutting down ... LOL  
12:07:00 From Tracie Rheel : me too! tons of Library books for weeks and weeks  
12:07:00 From monicaLittle : Yes to lots of library books and time to read them.  
12:07:02 From Michele Chambers : I would have seen you at Waco.  
12:07:06 From Ginger Horton : Here's where you can hear Anne read an excerpt of her book: <https://modernmrsdarcy.com/216-episode/>  
12:07:10 From Denise Gordon : I went a lot to pick up holds and put a lot on hold about 8-10 days ago in prep for self isolation lol  
12:07:16 From Charlotte : I missed my library hoarding window because we were out of town when the world fell apart :D  
12:07:19 From Joyce Lobmaster : LOL too funny!!  
12:07:25 From Rachel Stage To All Panelists : Hello from P.C., FL  
12:07:25 From Janelle Carlson : Hi Book Friend Brandi!  
12:07:31 From MrsD : I never really used Zoom before the quarantine now I've used almost every single day.  
12:07:38 From Mary Ellen : <https://bookshop.org> is where you can order and support local bookshops  
12:07:40 From Lara Bulger To All Panelists : Hahaha 'library hoarding window', love it  
12:07:42 From Lindsey Brackett : Charlotte I have tons of books if you want me to ship you something!  
12:07:45 From Brandi O'Donnell : Thanks for having my back, Janelle!! <3  
12:07:48 From Janelle Carlson : Charlotte - same for me! So sad :(  
12:07:49 From Denise Gordon : Me too @Wyndi I knew book people would get it. when all others were hoarding TP I was hoarding lib books lol  
12:07:54 From MrsD : Hi MaryEllen! ;)  
12:07:57 From wendy To All Panelists : you looked so perfect at The Strand. it was such a yucky rainy night!  
12:08:00 From Linda : So amazing... great timing!  
12:08:02 From Janelle Carlson : B <3  
12:08:04 From Aimee Welch To All Panelists : First time to

participate! I'm Aimee from San Antonio. I pre-ordered but haven't begun it yet. I am so happy to be here.

12:08:08 From Mary Ellen : Hi Mrs. D!!!!

12:08:08 From Louann Young : I'm learning visible mending for sweater holes! When I get it figured out, maybe I can mend your sweater!

12:08:09 From Rebecca Gould : I love it Denise!

12:08:13 From Janean : We'll think like that now

12:08:17 From Kailey To All Panelists : Hi from Austin, Texas!

12:08:30 From Charlotte : Lindsay, that's so kind of you to offer! I do have MANY unread books to tackle during quarantine!

12:08:31 From Denise Gordon : I'm excited to get to organize the library books later. One of my fun tasks to look forward to!

12:08:42 From Natalie Schmidt : @Honore, I knew we'd meet on here (great to 'see you!'), and then hopefully, with Carol Anne and the rest of the 'usual suspects' in an hour. :)

12:08:43 From Wyndi Labrecque : @Denise ... and tea!!

12:08:48 From andabrown : I made a last run to my bookstore and finished off a Christmas gift card - literally the day before we went into "lock down"! 😞

12:08:56 From CarolB To All Panelists : had a whole family chat on Zoom last Night. 8 of us from all over East Coast. My first time

12:09:36 From Denise Gordon : Ooh Yes @Wyndi!! We are kindred spirits! I'm drinking my hot tea right now. :)

12:09:37 From Brandi O'Donnell : Today's climate is prime for overthinking for sure!!!

12:09:40 From Denise Gordon : What

12:09:44 From Kristen V : Such a great definition.

12:10:04 From allison : I've also been hoarding tea and books for so long that at least I'm set there!

12:10:12 From Lindsey Brackett : @Charlotte i've been hoarding and am not feeling compelled to share... especially my multiple copies of ARCs the world needs :)

12:10:16 From Denise Gordon : @Wyndi What's your fave tea right now? Mine is green tea from trader joes. drink it hot with unsweetened vanilla almond milk

12:10:26 From Mary Jo To All Panelists : found Don't Over think It at our Library in audio 😊

12:10:29 From Lindsey Brackett : that should say I AM compelled to share!

12:10:40 From Denise Gordon : tho almond milk is hot commodity in our area now and I'm using oatmilk that my college daughter introduced me to.

12:10:45 From Michele Chambers : I'm also a tea drinker and am thankful for all the books and tea I have stocked

12:10:45 From Erin To All Panelists : Is overthinking the same as decision paralysis?

12:10:54 From Lara Bulger To All Panelists : Yay for dairy milk alternatives! So many options!

12:10:58 From Wyndi Labrecque : Unhelpful, unhealthy ... help there was a 3rd "un"

12:11:17 From Diane : repetitive  
12:11:28 From Teresa : @Wyndi I think Anne said "repetitive."  
12:11:31 From Amanda : @Wyndi - repetitive  
12:11:34 From Charlotte : Lindsey, I AM taking advantage of Netgalley for my ARCs! Reading Code Name Helene right now in preparation for Friday's stay-at-home book tour  
12:11:44 From Joyce Lobmaster : unhelpful?  
12:11:53 From Lindsey Brackett : I read that back in October and it is fabulous! I can't wait to hear from Ariel!  
12:11:56 From Kristin : My college daughter said that oat milk is the way to go - more sustainable than almond milk  
12:11:59 From Jennifer Erickson : "Being a responsible adult is the most underrated form of self-care." I love this!  
12:12:06 From julie To All Panelists : Yeah I made it in!  
12:12:07 From MrsD : Did someone get that definition?  
12:12:12 From Denise Gordon : I like it...  
12:12:24 From Cynthia Alvarado To All Panelists : Amen to routine. Making myself follow a schedule is keeping me sane right now.  
12:12:26 From Ginger Horton : Don't forget to change your chat To: All Panelists AND Attendees.  
12:12:32 From Joyce Lobmaster : unnecessary?  
12:12:46 From jeanne To All Panelists : unhealthy  
12:12:51 From Shannon : I'm reading that Katherine Center novel right now!  
12:12:55 From Megan C : The new Katherine Center novel is a good one!  
12:13:00 From readerreet To All Panelists : when I read this in your book I thought YES! it sums up something simple we can all do to help us. Routines are so important!#readerreet  
12:13:04 From Ginger Horton : Don't forget to change your chat To: All Panelists AND Attendees.  
12:13:05 From CarolB : thanks for reminder  
12:13:18 From Teresa : I have the new Katherine Center, too!  
12:13:31 From MrsD : I just finished that same Katherine Center novel. I LOVED it. AMAZING  
12:13:32 From meadows : Shout out to Gretchen Rubin and Outer Order, Inner Calm!  
12:13:35 From JennyLW : I am completely with you on the clutter  
12:13:35 From Denise Gordon : My comfort cozy read right now is third in Jenny Colgan's Mure Island series "Christmas on the Island" and it is just the perfect read for right now bc I've had focusing issues lately with the Covid crisis.  
12:13:36 From Brandi O'Donnell : True, here! :-)  
12:13:38 From Natalie Schmidt : Oh, I so relate to that. My physical clutter doesn't normally bother me until I'm feeling overwhelmed by other things.  
12:13:49 From Janelle Carlson : I just read it yesterday It's a feel good book. Katherine Center  
12:13:54 From Kailey : Hi from Austin, Texas!  
12:13:56 From meadows : Just did dishes before settling in for this!  
12:13:58 From Ginger Horton : <https://modernmrsdarcy.com/completing->

the-cycle/

12:14:01 From Simona A : I have been observin quaratene for 10 days, we live in Italy. Thanks for this chance

12:14:09 From Renee : Completing the Cycle is SO important (and hard) for me!

12:14:10 From Denise Gordon : But I'd just read THE RIVER and it was SO good!!! Loved it so much. Finished in on the beach with husband for our last beach day before they closed the Florida beaches.

12:14:22 From MaryBeth : All the best to you & everyone in Italy, Simona!

12:14:23 From @bookmaven17 : I keep a sign in my home office that reads "Tidy Desk Tidy Mind". I don't always live by it but it's a great reminder!

12:14:26 From Simona A : ♥

12:14:29 From Lynda To All Panelists : @simona that's a sweet cozy rea!

12:14:30 From Teresa : @Simon A Welcome! Italy has suffered so much!

12:14:33 From Jennifer Erickson : When you take care of your body, you take care of your brain. Limit yourself to free yourself.

12:14:35 From eliza\_barger : Working from home has pushed me to keep my room so much neater for this reason- so much easier to think and work while it's neat.

12:14:46 From Mary Ellen : I would LOVE to read Code Name Helene. I was number one on my library hold list - but that's not helpful just now

12:14:47 From Stacy : Totally! I'm sticking with my usual morning routine; even though the rest of my day is different, this starts it out on the right foot.

12:15:04 From Shannon : Same @ Mary Ellen

12:15:10 From Denise Gordon : I finally got to declutter my desk and side table on Monday. If I can get some more decluttering done that will be awesome. I'm not sure how much I can get done.

12:15:12 From Lindsey Brackett : I made myself a space in the unfinished basement instead of waiting until we actually put up walls. Has made the last 48 hour so much better.

12:15:13 From Angela in NC : As someone who has worked from home for years, I depend on routines and schedules.

12:15:22 From Brandi O'Donnell : If you get a chance, tag any of your feel-good books with #BooksThatMakeYouSmile for those following along on IG

12:15:24 From MaryBeth : I just did the first puzzle I've done since childhood - so much fun! I'm hooked!

12:15:27 From MrsD : Me too, MaryEllen. Im hoping for ebook!

12:15:41 From Ginger Horton : I love the list of "real breaks" Anne gives on page 76.

12:15:47 From Janean : I like that - we're asking a lot of our brains to adjust right now. Because it's easy to feel like we're doing less.

12:15:58 From Charlotte : To take care of myself during quarantine I'm trying to exercise, and that has helped my overall mental state

TREMENDOUSLY

12:16:06 From Aubrey Aldave : We welcomed our first baby in January, and life has felt like constant adjustment of rhythms since then! It's been a relief to have my husband working from home the past few weeks.

12:16:16 From meadows : Are those post it notes on the wall behind Anne an indication that another book is in the works?

12:16:25 From Mary Ellen : GREAT idea @brandi - I noted that #BooksThatMakeYouSmile

12:16:30 From Jennifer Erickson : Identify your values and let your values drive your decisions.

12:16:32 From Shannon : Agree @ Charlotte- outdoor walking has been so good for my mental health these days

12:16:46 From Kayla Stierwalt : Yes Charlotte! My runs do so much for my body and mind. It's my best medicine.

12:16:48 From Janelle Carlson : Value driven decisions = my favorite part of the book. AS IF you can pick a favorite!

12:16:49 From Lindsey Brackett : Congrats on new baby! Blessings out of chaos :)

12:16:50 From Michele Chambers : I've been working in my garden to help take care of myself now that the sun has come back out.

12:16:52 From Brandi O'Donnell : @Mary Ellen :-)

12:17:24 From Shannon : :(

12:17:25 From celestehuntington : I sat in the car for 5 minutes yesterday deciding whether to go into the grocery store for 3 things. I ended up not going in. Saving up for the big list, instead of multiple trips.

12:17:50 From Janelle Carlson : So very sorry to hear about this

12:17:50 From MaryBeth : Prayers for your dad, Anne.

12:17:52 From Kala : thank goodness for Kroger click list/ grocery pickup. minimal contact

12:17:54 From Marie : Oh no Anne. So sorry.

12:18:11 From Michele Chambers : I love the idea of deciding values to help with decisions. That is something I never thought of before.

12:18:14 From Kala : that is so hard. I am so sad to hear about your dad and hope he is better soon

12:18:17 From Simona A : stay home as much as you can, believe me, here in Italy we started softly but it caused a mess , people die everyday, the only way is social disance believe me please

12:18:20 From Lynda To All Panelists : I'm so sorry too ...hugs

12:18:21 From Brandi O'Donnell : Will be praying for you and your Dad <3

12:18:28 From Michele Chambers : Praying for your dad.

12:18:30 From Janelle Carlson : YES, Simona!!!!

12:18:39 From KariS : We can do hard things.

12:18:53 From Marla : Thank you for you input @Simona

12:18:58 From KariS : That's my current mantra- We can do hard things.

12:19:05 From Mary Ellen : I hear you @Simona - my son is on the front lines and I'm understanding this in a way most in USA are not

12:19:05 From Ginger Horton : Don't forget to change your chat To: All Panelists AND Attendees.

12:19:10 From Judy : Simon A - Do you have enough food?



12:19:14 From Natalie Schmidt : It takes at least a decade to recover from perfectionism from my personal experience, too. ;)

12:19:22 From Charlotte : This book did SO much for me when we had to decide how to get back home after a weekend trip a couple of weeks ago. We ended up canceling our flights, renting a car, and driving home. It wasn't ideal, but nothing about this situation is ideal. And once I made the decision, I didn't second-guess myself. It was such a gift.

12:19:23 From Michele Chambers : Thank you Simona

12:19:28 From Alexa Stout Price : Thank you Mary Ellen!

12:19:56 From Ricky To All Panelists : I like that, a recovering perfectionist!

12:19:56 From Mary Ellen : I keep thinking of the things we read from WW1 and WW2 and honestly they showed us how to do this!

12:20:02 From David Kashangaki : am reading numerous books to try and move beyond my rut of just being safe and you have some amazingly helpful suggestions!

12:20:08 From Jennifer Erickson : When in doubt, screw up on the side of saving people's health!

12:20:13 From celestehuntington : Amen to preserving people's health!

12:20:27 From Sheryl To All Panelists : Thank you Simona for being here with us. I hope more here in US will listen.

12:20:29 From Ginger Horton : Don't forget to change your chat To: All Panelists AND Attendees.

12:20:30 From Marie : You are so strong Anne. Love that about you.

12:20:31 From Mary Ellen : Love that @Jennifer

12:20:36 From Ricky To All Panelists : I'm going to learn to overcome my perfectionism!

12:20:39 From Simona A : yes food is not a problem atm... people stocked up on food out of panic , but that is not a problem , basic services are still on. The problem is hospitals... so overwhelmed! northern Italy doctors and nurses are going crazy... and there is no room for corps! we really pray it'll be over soon

12:21:00 From Mary Ellen : Hugs to you Simona!

12:21:06 From Erin : Deciding "on what side I'm going to err" and recognizing that perfection is not possible was a really helpful tip!!

12:21:34 From Renee : That's why I'm a science teacher, not a doctor.

12:21:34 From Denise Gordon : Sorry to hear about your dad Anne. I'll keep him in my prayers!

12:21:36 From Carolyn Marsh : Praying for you all Simona!!! I can't imagine.. It scares me we might be heading the same direction. We aren't going around people at all. I go outside daily...but by myself with my dog.

12:21:45 From Kayla Stierwalt : Wow. Simona. Praying for this to end and praying for you.

12:21:46 From Elizabeth Sturdy To All Panelists : I've cut out reading the news for my mental health. My husband let's me know if there is a change in government policy. But I'm socially isolating hard core over here in Norway.

12:21:52 From Elizabeth Sturdy To All Panelists : #asthmatic

12:21:57 From Judy : Simona, I am so sorry. The people in the medical field must be exhausted.

12:22:01 From Michele Chambers : I'm so sorry Simona.

12:22:05 From Bridget : Simona, thank you for your insight!

12:22:07 From Simona A : I heard Trump made available a lot of money for the situation in USA ?

12:22:11 From Anne Szabo : Simona, Sending you a virtual hug and many prayers.

12:22:19 From Teresa : Simona, I'm happy that you're here with us!

12:22:22 From Janean : I totally want to be an epidemiologist now. 😂  
Never mind I'm a total germaphobe.

12:22:26 From Simona A : oh thank you guys ♥

12:22:29 From Marie : Same Simona

12:22:30 From Lindsey Brackett : Simona, they're working on it. Hasn't passed yet.

12:22:31 From Marla : I am a Christian and our pastor talks about how failure can be a blessing because it protects us from pride. Failure if you allow it reminds you to depend on God and others instead of yourself. It reminds us to Sabbath and return to disciplines of prayer, meditation, and scripture reading because it shows us our imperfections.

12:22:32 From readerreet To All Panelists : I was reading the values part yesterday and I have had it on my mind since. I know family is an important value and I'm giving lots of thought to what my most important values. I like how you talked about where we spend out time, money and energy. thanks for that.

12:22:40 From @bookmaven17 : YES!! I value being curious & well informed but not at the sake of my anxiety and sanity.

12:22:58 From David Kashangaki : there is so much truth to having alternative things to think about!

12:22:59 From Stacie Helm To All Panelists : Simon's, as a US RN I'm praying for your medical system. we appreciate your insights!

12:23:00 From MaryBeth : I am tracking the legislation in US for work. There is a bill now that will have \$ - hopefully more for individuals & those who most need it than in the original proposal which favored corporations.

12:23:08 From Lynda To All Panelists : @Maria so true!

12:23:20 From Denise Gordon : I'm in disbelief that 4 of my neighbors keep letting their multiple kids out to play together in our immediate vicinity....My daughter understands why she can't go out and play with her friends ...but she can hear them from her room. I don't understand why they don't get social distancing! We've had our daughter in from them since March 12

12:23:45 From Jennifer Erickson : ook for the positive in the negative; believe in the pregnant woman in the backseat!

12:23:49 From Janean : Pajamas

12:23:52 From Mary Ellen : Hey book tour at home is GOOD!

12:24:00 From Janelle Carlson : Denise - we have the same next door. Unbelievable.

12:24:07 From Lindsey Brackett : My kids have played more together

with toys they haven't touched in months.

12:24:11 From Kristen V : So. good. There are often blessings in the hard things.

12:24:18 From Anne Szabo : Ginger, I get a message on screen that my internet connection is unstable. It is usually accompanied by interruptions in audio. That do I need to do?

12:24:23 From Teresa : I read Pollyanna this summer! So good!

12:24:27 From Natalie Schmidt : Changing perspective – looking through a different lens. Very life-changing!

12:24:28 From Charlotte : I was listening to Pantsuit Politics this week, and they said that being hopeful doesn't take away from the suffering. We can be hopeful AND care for those who are suffering.

12:24:29 From MaryBeth : I loved Anne's statement in the book about making space in your schedule for unplanned joy. Trying to keep this in mind.

12:24:30 From Erin Fortney : Reframing is such a helpful technique!

12:24:36 From Simona A : totally ! I am in quarantine and believe me you can totally see the good in it. YOU discover yourself again, you read, you have time for yourself! we gotta learn to appreciate the lil things and help doctors in this difficult moment by staying home

12:24:38 From Sharon Baker To All Panelists : I'm loving that I get to "attend" this book talk. Anne wasn't coming to my area, so I wouldn't have been able to hear her in "person."

12:24:43 From Marie : We go out but stay together. When I run the lake alone I have to go wide around people but no one else moves!  
Argh

12:24:51 From David Kashangaki : I am doing so much more that is different to my ordinary life in this period of isolation.

12:24:51 From Ann Kroeker : That running the red light story means we're giving people the benefit of the doubt. Assume there's more to what we see on the surface and don't jump to conclusions or judgment. Love that.

12:24:52 From Bridget : Yes!

12:24:56 From Han : Yes

12:24:57 From Michele Chambers : Yes

12:24:59 From JennyLW : Would have been at your Dallas event tonight....

12:25:00 From Carhart Photography To All Panelists : yes!!

12:25:00 From Vrena : Yes!

12:25:01 From andabrown : Would've been in Waco last night!

12:25:02 From Bridget : I was going to see you in Waco!

12:25:03 From jflo To All Panelists : yes!

12:25:03 From Aubrey Aldave : Yes!

12:25:04 From MaryBeth : Anne Szabo – I was having audio issues initially but refreshed my screen & that helped. I was afraid to log off and try to log back on because I think the room is full.

12:25:06 From Vrena : Yes!

12:25:07 From lisa To All Panelists : Texas!!

12:25:10 From daleanns : my dog loves it too!

12:25:10 From Ginger Horton : Hi, Anne – usually I'd advise signing

out and back on, but since the room is full, I'm afraid you won't be able to get back in. Try chatting with Zoom support to see if they can look at how strong your internet connection is.

12:25:11 From Jennifer Erickson : What would I consider to be good here if I considered this to be good! Love!

12:25:14 From jflo To All Panelists : Going to Fabled.

12:25:18 From Deborah : I was planning to attend the Fabled bookshop stop! Hopefully, later! :)

12:25:18 From Robyn To All Panelists : San Antonio here!

12:25:25 From deborahhorgan : Woulda shoulda coulda seen you at Blue Willow in Houston

12:25:29 From readerreet To All Panelists : I think Pollyanna had a good idea. she did see the positive. oh Waco! my daughter says amazing cupcakes!

12:25:29 From Denise Gordon : Yes my hands are raw and cracked from all the handwashing. I do feel grateful for the family time but we do have a house guest (college daughter's boyfriend is here with her) so we are also managing how to all live together 6 of us when there has been 4 of us the past 2.5 years since she went away to college. He's camped out in our LR...small house. but am looking at the positives....it's just a lot of change and day to day no new routines yet and I thrive on routines.

12:25:31 From Brenda : Anne Kroeker-hello writing coach!

12:25:34 From Anne Szabo : Thank you Marybeth. I will try that

12:25:38 From Kinsey Owen : I'm in Dallas, but I usually work Wednesday nights so I wasn't going to be able to attend. Grateful for this online option!!

12:25:40 From Mary Ellen : I was going to be in Houston at this time!

12:25:42 From Ann Kroeker : Hi, Brenda!

12:25:46 From nancythompson : We're always saying, "I don't have any free time..." well, we do now, so let's find a way to take advantage of it!

12:25:48 From Carhart Photography To All Panelists : Was going to see you in Waco, too! But actually would have had to miss it. So, looking for good, I actually get to see your book talk now when I otherwise wouldn't have been able to attend!

12:25:53 From Erin Fortney : For a lot of people, they've opened up more time to be creative, find new hobbies, etc., but I just find myself working longer since I WFH... anyone else?

12:26:03 From readerreet To All Panelists : My niece is getting married in May. plans are still on so we'll see.

12:26:08 From Lynda To All Panelists : I love the actual act of brushing it off!

12:26:10 From celestehuntington : Schedule worry-time!

12:26:10 From Simona A : I love the USA and I really hope we will be soon able to travel again , I wanna visit yr stunning nature ! love from Italy

12:26:13 From Carhart Photography To All Panelists : and I did buy the book from Fables before quarantine in anticipation so it feels all the same [?]

12:26:14 From Sarah Robinson Schwartz : My husband is definitely working longer hours from home

12:26:21 From Megan Greening : Erin, yes! I teach molecular biology and moving online has been very intense!

12:26:24 From Lindsey Brackett : My husband is too!

12:26:29 From Laura Miller (Library.Laura) : The number of times i tell Siri, Alexa or my calendar to remind me of something specific so i can stop thinking about it... SO many

12:26:30 From Angela in NC : Erin, me too. I have worked from home for years and have been working nonstop the past two weeks. Reframing to be thankful for the work.

12:26:34 From Kristen V : I love it - I will overthink from 4:45-5:00! LOL

12:26:41 From Roxanne : Me too, Fabled. Looking forward to a future time

12:26:44 From Lindsey Brackett : and I taught school until last week bc I was a sub. Worked harder online than I did in the classroom!

12:26:45 From Ann Kroeker : Scheduling our overthinking is sort of hilarious but I'll bet it works! I did schedule my Twitter refreshing.

12:26:46 From MaryBeth : Erin - yes, I have been struggling with this. Trying hard to keep to a schedule/routine, make sure I go outside every day, make sure I do yoga, etc. I have been tracking in my bullet journal :)

12:26:50 From Diane : I think that's a wonderful idea - schedule a time to think about an issue

12:26:55 From Ginger Horton : Set those screen time limits in settings!!

12:26:56 From Kristin Jones : I have been doing that every day at 4ish I go on Washington Post and thats it

12:26:56 From Erin Fortney : Angela, YES. I am so grateful I can seamlessly move to WFH when so many people are so harshly impacted

12:26:57 From Renee : @Erin - Me too! I Tex

12:27:03 From Michele Chambers : I've scheduled my time on social media and the news. It was getting to be too much the first few days of all of this.

12:27:05 From JennyLW : Hadn't thought about scheduling my news time...it really overwhelmed me yesterday

12:27:06 From Carhart Photography To All Panelists : @Erin Yes!! 🙌

12:27:11 From allison : @erin our company is trying to put in place no meeting time blocks and shorter working days. Is that an option? Our VP has told us boundaries are more important than ever

12:27:21 From Marie : good idea!

12:27:24 From Teresa : I'm literally taking a break from news today.

12:27:32 From Erika Claves : Me too, Teresa!

12:27:38 From Ann Kroeker : I have a New/Updates Twitter list and that helps me sift and filter the information, too, so when I jump in it's limited.

12:27:39 From Wyndi Labrecque : I gave up FB for lent, and I'm really glad because it limits my opportunity to go down the rabbit hole right now ... especially since there's so much disinformation.

12:27:40 From Ginger Horton : Don't forget to change your chat To: All Panelists AND Attendees.

12:27:40 From Marie : I only look at the pop up bulletins for urgent news

12:27:40 From Lindsey Brackett : I'm totally stress baking.

12:27:40 From AmyPickett : I love Katie Couric's daily COVID-19 bullet point coverage on instagram. I recommend!

12:27:41 From Renee : @Erin- I teach high school science & just picked up another class. switching to online teaching is a challenge!

12:27:45 From Brandi O'Donnell : It's not rocket science, but I stopped reading the news before bed... makes a difference!

12:27:48 From Chelle To All Panelists : audiobooks y'all!

12:27:49 From Kristen V : I was off the news for most of the last two days and it was glorious! The mental space and energy was such a boost.

12:27:55 From deborahhorgan : Stress baking yes!

12:27:57 From Ann Kroeker : Thanks, Amy, for the Katie Couric tip!

12:27:57 From Cait Burgess : @denise it is perfectly safe to use lotion after you have washed your hands... Use mineral oil or petrolatum based products.

12:28:02 From Chelle : audiobooks y'all!

12:28:05 From KariS : puzzles and an audiobook= perfection

12:28:06 From Janelle Carlson : Ohhhh, the #stressbaking!

12:28:08 From Jennifer Abe To All Panelists : That is a great idea to schedule news time. I've been trying to stay away as much as possible.

12:28:08 From Angela in NC : I make a daily to-do list with times including exercise time. My partner and I also make a daily exercise date. A schedule helps me feel like I have been productive.

12:28:13 From Molly : stress baking is great ... if you can find flour

12:28:24 From Mary Ellen : I went off all technology from late Friday afternoon until late Saturday evening and it was so helpful!!!! Take a 24 hour fast from technology ever week

12:28:25 From Marie : Yes Anne Kroeker

12:28:39 From Jennifer Erickson : When you can occupy your mind with something that requires your attention, there's not room for distraction. When your brain is stuck, move your body.

12:28:40 From Ginger Horton : Yes, Kristen - When things were changing by the hour, we needed to check in often, but now that they've slowed down a BIT, I'm trying to adjust that I don't need to check more than a couple times a day, and maybe even once a day, depending on my activities.

12:28:40 From Lynda : move my body! yes! a nice walk helps so much ❤️

12:28:43 From Rose : Our date night this month was to donate blood and pickup dinner afterwards lol

12:28:44 From Marie : I run or walk everyday too...thank God. When that goes I am in trouble

12:28:49 From Olivia Jorgensen To All Panelists : as far as news check ins, maybe only watch your local newscasts a couple times a day

12:28:49 From Erin Fortney : IT IS SNOWING WHERE I AM :(

12:28:55 From Ann Kroeker : Erin, I'm so sorry!

12:29:00 From David Kashangaki : I love having time to walk outside for 45 minutes each day!

12:29:02 From Erin Fortney : It's okay, it was 55 last week :)

12:29:03 From Lindsey Brackett : I'm outside right now. Such a relief after days of rain.

12:29:03 From Tami Jacque : Costco has KA AP flour #12!!!

12:29:06 From Natalie Schmidt : Hubby and I get out most nights for a walk - helps to vent things of his stressful day before settling down for some family time (boardgames) and our regular evening routine.

12:29:07 From Molly : I've put off scanning old photos for months because it's too tedious and mundane. But Tedious is exactly what I need now to distract me (and bonus ... it feeds my core value of leaving a legacy)

12:29:07 From Kristen V : I started using Duolingo to learn Spanish a couple years ago to help break the cycle of constantly clicking on the news or FB. It feeds my brain but not my anxiety.

12:29:10 From Meredith Luttrell To All Panelists : This is SO timely and helpful. I have been recommending this book to my clients, family and friends...we all need this info and reminders! Thank you!

12:29:17 From JuliaPR : I have been on my treadmill every morning during this pandemic...also gets more audiobook time in! Good for my body and my mind.

12:29:23 From readerreet To All Panelists : I do agree. My saying is good for my butt and good for my brain!

12:29:32 From Mary Ellen : There are thoughts that some of that outside walking time should be without anything playing in your ears because your mind needs time to do what it does at the subconscious level. It's amazing the impact, I've tried it

12:29:35 From Michele Chambers : Good to know Tami. I enjoy baking more now.

12:29:42 From Brandi O'Donnell : Yes! A walk outside and working in the yard helps restore my mental health!

12:29:51 From Natalie Schmidt : Duolingo learning is so awesome and fabulous for even 5-10 minutes a day! Have you tried their 'stories' yet? So fun!

12:29:54 From monicaLittle : @kristenV. I'm using duolingo as well!

12:29:59 From Simona A : ehy guys if you're interested in Learning some Italian I am available! I live in Florence, Italy and I am a teacher!

12:30:03 From Renee To All Panelists : Kristen V - I've been doing Duolingo Spanish too! it's a great tool to focus on!

12:30:15 From Renee : Kristen V - I've been doing Duolingo Spanish too! it's a great tool to focus on!

12:30:17 From Ann Kroeker : Simona! What an offer! Grazie!

12:30:20 From Simona A : ahaha

12:30:21 From Kristen V : @MaryEllen Yes, giving your brain a break is so good for you.

12:30:28 From Ginger Horton : Libro.fm: <https://libro.fm/audiobooks/9781545913642-don-t-overthink-it/?cmp=mmd18> / Bookshop.org: <https://>

bookshop.org/a/1047/9780801094460

12:30:30 From Brenda : Simona, That would be great. Thanks for the offer.

12:30:30 From Molly : Simona ... we hope to visit Italy in 2021 to do some family genealogy research (my husband's side).

12:30:44 From Kristie Strum : Even as introverted as I am, it's still weird doing this living alone.

12:30:47 From Simona A : oh yes come to italy and help our tourism next year pls!!

12:30:50 From Kayla Stierwalt : I enjoy Duolingo too.

12:31:09 From Kayla Stierwalt : I wish Duolingo had Arabic. Mango Languages is nice too...and has Arabic.

12:31:11 From Molly : Simona ... it is definitely on the bucket list. We hope 2021 just the two of us and then 2022 our entire family :)

12:31:12 From Marie : Everyone is baking so there is no flour or sugar on the shelves. I'm doing a grocery run for 4 friends and one wants flour. Good.luck!

12:31:25 From Michele Chambers : I would love to come to Italy Simona. Praying for all of you there.

12:31:26 From Charlotte : Sometimes the best thing I do when faced with two options, I tell myself, "What's the worst that could happen?" I hate the one color and repaint.

12:31:29 From Kayla Stierwalt : I agree Kristie. I live alone. Generally it's nice, but this is also weird at times.

12:31:36 From MaryBeth : I will definitely return to Italy when life is back to normal - beautiful country & have distant relatives there :)

12:31:37 From Ann Kroeker : I wonder if people could do meetups to practice language with one person more bilingual to help but everyone just practices what they know?

12:31:38 From KariS : Charlotte- I do that too

12:31:41 From deborahhorgan : Duolingo for Gaelic!

12:31:46 From Marie : I don't worry until there is a reason to do so. Saves me soooo much time

12:31:48 From Ann Kroeker : Virtual language practice meetups on Zoom.

12:31:54 From KariS : It's easier when it isn't a permanent decision right?

12:32:05 From JennyLW : I live alone so I offered to foster a dog from a local rescue, which is definitely helping

12:32:23 From Charlotte : Kari, SO much easier when a decision doesn't have to be permanent.

12:32:29 From Chelle : there are very few choices that can't be changed

12:32:30 From Mary Ellen : YES to One Great Book Bonus episode

12:32:34 From Natalie Schmidt : JennyLW, that's such an awesome thing for you to have done - such a symbiotic experience. :)

12:32:36 From Michele Chambers : Tha

12:32:37 From Molly : JennyLW ... I work for a senior dog rescue. THANK YOU for opening your home!

12:32:42 From Rose : Liquid glue & shaving cream - snow paint. Add



food dye, puff paint. You can use that to paint (you need thick paper) if you don't have any flour to stress bake/make play doh for kids

12:32:46 From Carolyn Marsh : YES to bonus One Great Book episode!!!

12:32:52 From Michele Chambers : oops that's a great idea for a bonus episode

12:32:52 From Kristie Strum : Kayla - yes, I love living alone, but to not even see my coworkers and get that social interaction is hard. We're in week two and getting better about reaching out intentionally to each other.

12:33:08 From Sheryl To All Panelists : JennyLW thank you and what a great idea!

12:33:08 From Angela in NC : Yes! I have been thinking that I am feeling grief about all the missing experiences, but then feeling guilty about it

12:33:14 From Amanda : Here is the HBR article: <https://hbr.org/2020/03/that-discomfort-youre-feeling-is-grief>

12:33:27 From Ginger Horton : Thanks, Amanda!

12:33:33 From Sandra McGee : Anne, Your book was released March 3; I bought and read it in one sitting on March 6. If it's okay, here's a link to read about how I put your book to immediate use in my life: <https://williammcgeebooks.com/blog-2/>

12:33:39 From JennyLW : Yes, Harvard Business Review did have a terrific article...I found it through Twitter (@gretchenrubin retweeted it but @harvardbiz is the handle for the review itself)

12:33:41 From Charlotte : This is ALL uncharted territory for everyone.

12:33:54 From Aubrey Aldave : Yes! Don't compare grief. I love that.

12:33:59 From Ann Kroeker : Loss of a book tour.


12:34:07 From Kristen V : This is so good Anne and so true!

12:34:15 From Mary Ellen : I think it is healthy to grieve and to help our children grieve the things they are missing

12:34:18 From Chelle : yes, it's not a contest

12:34:20 From Kayla Stierwalt : That's great Kristie. It is hard to not have those regular interactions. Sitting in the classroom alone last week was nice in its quietness but sad in its lack of students.

12:34:29 From Ann Kroeker : I was really looking forward to attending one of your stops on the tour, Anne Bogel. I'm waiting for my book to arrive from that indie bookstore.

12:34:45 From Lynda : yes, I'm grieving in a way for my grandson's high school graduation 

12:34:49 From KariS : My friend Leigh says something that resonated with me sooooo much "Your hard is hard." It isn't a comparison game right? Your hard is hard.

12:34:59 From Erin Fortney : OMG my productivity has suffered because I think there's this lingering anxiety going on in the background that I'm not fully aware of.

12:35:02 From Charlotte : Kari, YES YES YES

12:35:08 From Kristen V : And if we don't deal with our grief it can lead to bigger issues like long term depression.

12:35:09 From Lindsey Brackett : my book club was scheduled to be

Anne's guests at the Story Shop in Monroe, GA. We've definitely grieved that but we know she made the right choice—and we're looking forward to rescheduling.

12:35:09 From Julie Turner To All Panelists : What was Anne's book rec about grief?

12:35:10 From Molly : KariS ... I love that. Thanks for sharing!

12:35:11 From Kristie Strum : That's great, Kari.

12:35:13 From Janean : Our kids are grieving too

12:35:14 From Lindsey Brackett : and Erin, YES.

12:35:15 From Emily Gilmore : Grieving my parent's 50th anniversary party we had set for April 4th that is now postponed

12:35:17 From Mary Margaret : Yes, my fiancée and I were grieving because we had to postpone our May wedding

12:35:18 From Laura Miller (Library.Laura) : Thanks, Anne!!

12:35:25 From Angela in NC : Yes, Lynda. I have a high school senior. I am grieving for the loss of his senior tennis season and graduation.

12:35:26 From Lindsey Brackett : my 4th grader cries almost every day. She misses her teachers.

12:35:33 From Carolyn Marsh : Lots of grieving over plans that are cancelled...some big events for me... but also for others. My brain totally understands and agrees...but my heart is sad...

12:35:37 From Wyndi Labrecque : I was going to The Story Shop too @Lindsey

12:35:38 From Lindsey Brackett : I am SO SAD for the seniors.

12:35:39 From Charlotte : Mary, I am so sorry. That must be so disappointing and overwhelming on its own

12:35:44 From KariS : Mary Margaret— that sucks. Tjat

12:35:54 From Erin Fortney : I went through a really tough time and people stopped telling me about what was hard in their lives at the moment and I would tell them, NO what is happening to me doesn't negate the stress and hard time you are experiencing also

12:36:04 From Lindsey Brackett : @Wyndi I know Anne is hoping to reschedule!

12:36:13 From Mary Ellen : Oh Mary! So sad

12:36:13 From Wyndi Labrecque : Spent about an hour chatting with a college student who is grieving her friends and loss of freedom that comes with moving back home.

12:36:15 From Mimi Hutchinson : Thanks Kari S. I loved that quote.

12:36:17 From Lynda : Angela its so sad for them❤️

12:36:27 From Mary Margaret : Thank you, everyone. Our new date in the fall is working out, so we feel fortunate.

12:36:34 From David Kashangaki : My inclination too is to stay home, and now in this period of isolation I miss being able to say yes to invitations.

12:36:40 From Kayla Stierwalt : Good point Erin.

12:36:48 From Kristie Strum : In the grand scheme, it's not a big deal that I'm not finishing a project management certificate this Friday as planned, but it's still hard. Though at this point I'm just hoping my last two courses rescheduled for May happen!

12:37:11 From Natalie Schmidt : Mary Margaret, I'm so glad to hear

that you're already looking forward to rescheduling your wedding for the Autumn. I wish you all the best!

12:37:12 From Simona A : we are grieving the loss of our jobs here in Italy... many of us basically lost our jobs cos factories closed... need to stay positive!

12:37:13 From Charity Craig To All Panelists : At a glance density evaluation is a good idea!

12:37:22 From MaryBeth : I have been writing down one small thing every day to be grateful for. I also live alone and have been doing calls with friends by video instead of just phone/voice - seeing someone's face makes a big difference!

12:37:46 From Deborah : I'm a stay home mindframe person too. :) I've figured out certain things I truly enjoy, like a coffee date with one friend. I also try to limit scheduled events for each week. If I already have things scheduled for the week, then I will say no to adding more for that week.

12:37:48 From Mary Margaret : thats a great idea--one thing to be grateful for each day

12:38:16 From Allison : I'm simply tired of people who keep trying to "one up," pointing out something they are grieving or other people are grieving that are worse than what I'm grieving. We're ALL grieving. And it's different for everyone. Yes perspective is good, yes mine might be small, but it's still important- to me.

12:38:25 From Janelle Carlson : What Would Anne Do???

12:38:31 From Mimi Hutchinson : Totally

12:38:32 From Jan : Keeping a gratitude journal the last several years has been so helpful to me. Love looking back over past blessings.

12:38:43 From Kristen V : Love - What Would Anne Do?!

12:38:45 From Wyndi Labrecque : YAY ENNEAGRAM!!!!

12:38:52 From Lynda To All Panelists : yes, Allison, I agree ❤️

12:38:54 From viyan : my big issue is overthinking what to do when I have a day off. any tips?

12:38:57 From Roxanne : Grieving for our kids and grandkids....graduaton, sports, Sr. Prom, etc.

12:39:00 From Wyndi Labrecque : 1w2 ... I overthink EVERYTHING!!!

12:39:06 From Katie Allen : I'm a 9 too!

12:39:12 From Emily Gilmore : 6w5!!

12:39:15 From Aubrey Aldave : Also a 9!

12:39:19 From Carhart Photography To All Panelists : 9w1 here too!!

12:39:20 From Michele Chambers : I'm also a 9

12:39:20 From Marie : Viyan...read!

12:39:21 From Lynda To All Panelists : yes, Roxanne ❤️

12:39:23 From Angela in NC : 5w6

12:39:24 From Marie : love your name

12:39:25 From Deborah : 9W1 here!!! :)

12:39:26 From Jan : Allison, I have a relative that constantly does that. Makes conversation difficult.

12:39:27 From Kristen V : Rereading Reading People for my reread for the reading challenge.

12:39:31 From Molly : 6w5 ... imagining and planning for worst case

scenarios ALL the time :(

12:39:38 From nrdowner To All Panelists : 6w5!

12:39:39 From Kristie Strum : Hmm. Maybe this would be a good time to finally sit down and figure out my Enneagram number. I started a while back and couldn't narrow it down.

12:39:43 From KariS : 2W1

12:39:44 From Ginger Horton : That's me, Molly. 6w5. :)

12:39:59 From Molly : really Ginger?! It's good to know others exist out there :)

12:40:02 From Annie To All Panelists : Another 6w5 here :) I feel you!

12:40:06 From Natalie Schmidt : I've been overthinking my Enneagram number - I see myself in most of the descriptions! ;)

12:40:10 From Rebecca : Is there a good place online to take the Enneagram?

12:40:14 From Denise Gordon : Gretchen Rubin is doing an Instagram Live for Coping with Covid every day at 4:00 for about 20-30 min M-F but today is at 5:15. I watched about 15 min of it yesterday and it was so nice to see all the chatter flowing through while they shared info to help us cope.

12:40:22 From lindsaymckenzie : Thanks for answering, Anne!! I feel like my 9-ness contributes to my overthinking when I don't keep it in check.

12:40:32 From Renee : I've figured out I'm a 9, but I thought I was a 5 for a lon

12:40:32 From viyan : marie, indeed! but when my mind spins from thinking about all the things I COULD do then a strategy is needed to whittle down possibilities

12:40:33 From Mimi Hutchinson : Anne, this book has been your best and I honestly have highlighted the dickens out of it.

12:40:40 From JennyLW : debated between 3w2 or 2w3, but came down on the 3w2 side with some guidance

12:41:02 From Annie To All Panelists : Rebecca - check out My Enneagram Coach - they have a lot of type info and a quiz

12:41:14 From Allison : Thanks, Jan. I feel almost ashamed to admit I feel this "ranking" but it's just getting me down. Let me grieve, anyway, I want to say. It's my best friend saying this and my mom, the two who should be most supportive and still get what I mean!

12:41:16 From Kayla Stierwalt : I agree Mimi. This one exceeded my expectations in such a good way.

12:41:23 From Amy R To All Panelists : Mimi I totally agree!

12:41:43 From KariS : Hi Renee!!

12:41:44 From allysonwieland : Difficult to live with. Haha!

12:41:48 From Mary Ellen : Hugs @ Allison - wish WE could be friends! You sound like who I have been looking for! :)

12:41:51 From Wyndi Labrecque : Motivation is key for settling a number ... My husband and I have very similar actions because he's a 5w6 and I'm a 1. I want to get it "right". He wants to be "prepared"

12:41:54 From Denise Gordon : Yes two college kids (21,22) living with us now..one our daughter. but the other her boyfriend. which means not

only are they out of their routines..it's disrupting our routine and they are also not used to be on top of each other 24./7. very challenging times...we are doing good with boundaries etc but man it's so hard in our small space

12:42:09 From Renee : I have told so many people about this book! I told my students I would get a classroom copy – if we are ever back in the classroom.

12:42:17 From Allison : Aww, thanks, Mary Ellen! :) Hugs back!

12:42:21 From Denise Gordon : anyone else have young adults back home indefinitely ??

12:42:37 From Mimi Hutchinson : Where can we pick up autographed copies of the book?

12:42:49 From Michele Chambers : I do Denise

12:42:58 From Bridget : My husband is an overthinker and I simply left a copy of Anne's book on the coffee table for him to "find".

12:42:59 From Mary Ellen : Carmichael books in Louisville is her local indie bookstore

12:43:09 From Amy R To All Panelists : I have 2 young adults back home

12:43:16 From Mary Ellen : That's where I got mine

12:43:20 From Lindsey Brackett : Bridget, that's hilarious.

12:43:25 From Bridget : :)

12:43:40 From Kristen V : @Bridget – Haha!!!

12:43:48 From meadows : That has been the best strategy for dealing with my husband's over-thinking and regret—"Well, you'll know better next time..."

12:44:05 From Jennifer Erickson : Overthinking comes at great opportunity cost. Second guessing is perfectionism in the past tense! So true!

12:44:11 From Denise Gordon : @MicheleChambers – How's it going?

12:44:17 From Wyndi Labrecque : SO TRUE! I call myself out on it all the time because awareness helps stop me ...

12:44:19 From Kristen V : Sometimes I have to sit with my decisions for a while because just the change makes me overthink that I made a wrong decision.

12:44:36 From Charlotte : Our family motto (especially for my perfectionistic 7yo) is "I make mistakes, and I am kind to myself"

12:44:59 From Molly : that's lovely, Charlotte... I need to adopt that motto for myself

12:45:01 From Mimi Hutchinson : Good one Char

12:45:04 From Michele Chambers : @Denise It

12:45:14 From Chelle : ohhh I have that! I totally hit the wall and have to have my husband take the decision. it's horrible.

12:45:23 From Renee To All Panelists : @Charlotte – I need to make that my classroom (and my own) motto! it's lovely.

12:45:30 From Sheryl To All Panelists : I work with people who have analysis paralysis – it stops so much work from getting done

12:45:38 From Renee : @Charlotte – I need to make that my classroom (and my own) motto! it's lovely.

12:45:45 From Michele Chambers : @Denise. It's actually going okay for

the most part. I just have to remember that they are adults.

12:45:50 From Natalie Schmidt : I love that, @Charlotte! That's so much easier for our kids to learn that now rather than to need therapy later in their lives. ;)

12:45:54 From Marina : Someone I deeply admire said that she shoots for a B- and let's everything go when it reaches that level. This has helped me so much when I experience regret or anxiety over my performance.

12:45:54 From Wyndi Labrecque : Sometimes, I just tell my train of thought to my husband or a trusted friend because hearing it out loud helps me hear how twisted up my thoughts are ... it creates movement for me.

12:46:14 From hillary beck To All Panelists : speed up o slow down

12:46:40 From Charlotte : Natalie, right?? I want my home to be one where making mistakes is okay, because the consequences are so much less intense than in the real world

12:46:43 From Wyndi Labrecque : Yes @Charlotte. My little guy is a perfectionist, and I'm trying to help him, as I help myself, so he can avoid some of the pain ...

12:46:45 From Denise Gordon : @MicheleChambers what state are you in? We are in South Florida and it is a hot spot for covid so we are down to only essential outings and it's hard to get them to understand what "essential" is? lol :)

12:46:58 From Simona A : @ Brenda, if you are interested in ITalian classes, my email is [simona.aniello.masi@gmail.com](mailto:simona.aniello.masi@gmail.com)!!

12:47:16 From Julie Turner : What was Anne's favorite book about grief?

12:47:28 From Brenda : Thank you Simona. Are you on Facebook so we could connect that way too?

12:47:35 From Michele Chambers : @Denise. I'm in Texas and we have just now gone to shelter at home.

12:47:36 From Ginger Horton : Thanks, Julie! I somehow accidentally made that one disappear and couldn't remember it!

12:47:37 From Charlotte : Praying for your dad, Anne <3

12:47:43 From Mary Ellen : <https://www.carmichaelsbookstore.com>

12:47:43 From Bridget : Mine was in that stack

12:47:49 From Simona A : of course, Simona Rossi

12:48:01 From Simona A : or sinna\_moon on instagram

12:48:05 From Ginger Horton : Libro.fm: <https://libro.fm/audiobooks/9781545913642-don-t-overthink-it/?cmp=mmd18> / Bookshop.org: <https://bookshop.org/a/1047/9780801094460>

12:48:30 From Wyndi Labrecque : As a mom, do you have any suggestions for addressing overthinking with kids?

12:48:32 From meadowes : Have to jump out-just want to send best wishes to all, and thanks to Anne and best wishes for your dad!

12:48:33 From Elizabeth To All Panelists : Thank y'all

12:48:37 From Julie Turner : Thank you!!

12:48:41 From Kristen V : Thank you Anne! Your book is on my nightstand and now I need to get it in my hands.

12:48:54 From Carhart Photography To All Panelists : thank you guys

so much for doing this!! I've had a blast. fellow Texans, it's nice to see you here!

12:48:54 From Janelle Carlson : Queen of Hearts was great!!!

12:48:59 From Denise Gordon : @Michele are they getting what that means?

12:49:01 From Chelle : I loved Queen of Hearts!

12:49:03 From Diane Giarrusso To All Panelists : Great book by Kimmerly!

12:49:10 From Ginger Horton : Libro.fm: <https://libro.fm/audiobooks/9781545913642-don-t-overthink-it/?cmp=mmd18> / Bookshop.org: <https://bookshop.org/a/1047/9780801094460>

12:49:10 From Sra. Ortega To All Panelists : Thanks Anne for doing this Stay at home Book Tour!

12:49:18 From Aubrey Aldave : I am so grateful to have made it in to this event. Thank you, thank you for hosting this Anne!!

12:49:20 From Brandi O'Donnell : If you are looking for a uplifting books to read, you are all invited to join my IG challenge

#BooksThatMakeYouSmile

12:49:23 From Janet : I loved Queen of Hearts too!

12:49:26 From Denise Gordon : Me too...so fun!!

12:49:27 From JuliaPR : Thank you for this book Anne!

12:49:32 From Ginger Horton : <https://modernmrsdarcy.com/stay-at-home-book-tour-replays/>

12:49:38 From Amanda : When will you announce the schedule for the week of April 6?

12:49:46 From readerreet To All Panelists : thanks so much. I am getting so much out of your book.

12:49:51 From Kristen V : I don't normally buy books but I'm racking my brain of books I want in my home to support my local indie. I really want them to stick around.

12:49:52 From Charlotte : Hope this is okay to post, but I'm giving away a copy of Anne's book on my Instagram account. I'm

@charlotte.reads.books

12:49:52 From Lindsey Brackett : Thank you for this, Anne!

12:49:58 From Chelle : Did Shannon okay the list release?

12:50:09 From Ginger Horton : <https://modernmrsdarcy.com/stay-at-home-book-tour/>

12:50:12 From Patty Boten To All Panelists : Thank you so much Anne, this has been so informative and a bright spot in my day.

12:50:12 From Michele Chambers : @Denise yes I am. I live in a town that has a lot of older adults so I am trying to be very careful

12:50:16 From Kristen V : Another week of online book tour!

12:50:18 From David Kashangaki : Thank you Anne! Love your book!

12:50:20 From Mimi Hutchinson : Anne...this is a great book. Thanks so much.

12:50:23 From Janet : Thank you Anne

12:50:26 From Janelle Carlson : Thank you so much Anne, prayers to all of your family <3

12:50:29 From jenny To All Panelists : two great faith-based books on grief: "walking with God through suffering" by Tim Keller and "A

Grace disguised" by Gerald Sitzer

12:50:29 From Chelle : okay, all good! thanks!

12:50:30 From Roxanne : Thank you so much Anne! Loved your book.

12:50:32 From Kristen V : So excited!

12:50:33 From Janet : Thank you!

12:50:37 From MaryBeth : this has been wonderful, thank you so much, Anne and Ginger!

12:50:37 From Jane : I love your earrings, Ginger!

12:50:37 From Mary Ellen : I wondered how the after party worked today!!! LOL

12:50:38 From celestehuntington : Thanks so much, y'all! Be well!

12:50:40 From Renee : Thank you all so much for this, and for your wonderful book Anne!

12:50:41 From Vrena : Thank you Anne and Ginger! You guys are wonderful for thinking of this!

12:50:41 From Tami Jacque To All Panelists : THANK YOU Anne!!

12:50:45 From Lynda : thank you for this lovely time Anne ❤️

12:50:47 From Hildred To All Panelists : Thanks Anne! Halfway through the book and planning to send to my perfectionist daughter. (she got it from me!j

12:50:47 From Mary To All Panelists : Thank you, Anne

12:50:49 From KL : Thanks for your practical suggestions and for sharing this way, Anne!

12:50:50 From Brandi O'Donnell : What gift should we send Anne for appearing today? :-)

12:50:50 From Michele Chambers : Thanks again Anne for your timely book.

12:50:51 From Karen Quinn : Thank you so much, Anne. Prayers for your dad.

12:50:56 From jenny To All Panelists : also, Anne, your hair looks awesome

12:51:05 From Janelle Carlson : Great question Brandi!!

12:51:05 From Allison : Is anyone doing much to swap books during these weeks? I was thinking front porch itty bitty little free libraries...something creative and fun and uplifting for people to find on their walks around the neighborhoods.

12:51:11 From Colleen : Thanks so much for this - it was a delight!

12:51:16 From Roxanne : Ginger, too. And prayers for your DAd.

12:51:17 From Teresa : Thank you, Anne, for writing such a great book!

12:51:18 From David Kashangaki : prayers for your dad!

12:51:29 From readerreet To All Panelists : come out west!

12:51:34 From Mary Ellen : Ha Ha

12:51:39 From KariS : smooth

12:51:47 From Jennifer Erickson : Yes! That's what I meant! Maybe noodle with some fiction!

12:51:56 From Hildred To All Panelists : Yes! My book club did an online book chat Friday night and we are dropping books in mailboxes.

12:52:07 From Valencia : I chose NOT to listen to Station Eleven

12:52:09 From JuliaPR : Yes, just re-read Station Eleven. This is a great time for that!



12:52:13 From Mimi Hutchinson : will you think of doing this format "book tour" in the future. I think getting 500 people online is a successful concept.

12:52:13 From Janelle Carlson : I can't read it right now

12:52:14 From Joyce Lobmaster : Thanks for this Anne & everyone! Loved it! Stay safe & healthy.

12:52:16 From Jill Hoke : Don't read Dreamers.

12:52:17 From Hildred To All Panelists : NO! to Station Eleven!

12:52:17 From Natalie Schmidt : Anne and Ginger, I'm so grateful that you thought of hosting these book tours virtually. Living where I do, I'm embracing the opportunity to attend them all, since I'd never have had the availability to do so in-person. Thanks for embracing the world of bibliophiles during these uncertain times. You Ladies rock!

12:52:21 From katie : I'm glad I read it when I did!

12:52:25 From Sheila Pallotta To All Panelists : yes!! Read Station Eleven!!

12:52:27 From Shoppirl221b : Oooh Charlotte, I'm checking out your insta now, thanks for sharing :) :) I also have a booksta if you want to check mine out @thepostandpaper I share it with my friend Emma, and we've been doing story giveaways this week :)

12:52:29 From Denise Gordon : Any good tips anyone for what is uplifting for you right now or places you are connecting online ??

12:52:36 From readerreet To All Panelists : there's a good article about her in Time magazine.

12:52:41 From jflo To All Panelists : yikes!

12:52:41 From Laura Miller (Library.Laura) : I am glad I HAVE read it, but I wouldn't want to read Station Eleven right now

12:52:42 From Leslie Rains : Hilarious, I've had Station Eleven on my nightstand to read for a couple months.

12:52:45 From Charlotte : Shoppirl, awesome!

12:52:48 From debra To All Panelists : I just finished listening to it today. it was great. I leaned into this time.

12:52:56 From Marie : don't read Blindness!!

12:53:02 From Jennifer Abe : I have been thinking about Station Eleven and Severance lately - read them both last year!

12:53:14 From Chelle To All Panelists : I'm HSP and I'm rereading old favorites. known entities.

12:53:17 From Geannie : the book I struggled with was Life after Life. the 1918 parts just...no

12:53:26 From CarolB : the stand...scary to read right now. 😬

12:53:35 From Hildred To All Panelists : The Stationery Shop excellent.

12:53:40 From Keira To All Panelists : I read The Stand for the first time in November and I am crazy to think about rereading it so quickly! It might be time to pick up Station Eleven. I'm going to send a copy to my dad!

12:53:40 From Geannie : normally yes. not today

12:53:42 From Mary Ellen : Katherine Center is fabulous for this time

12:53:44 From Leigh Grantham To All Panelists : ooohhhh....I'm not a highly sensitive person and I say NOOOOOO to Station Eleven right

now. sorta sorry I read it in the past few months.  
12:53:45 From Ann Kroeker : I think that's a good plan. Read light. Our brains and emotions need a break.  
12:53:50 From Laura Miller (Library.Laura) : ooh love West Wing!  
12:53:53 From Natalie Schmidt : That's a 'hard no' to reading 'The Stand' right now. :p  
12:53:54 From carole : I've been reading some Wallace Stegner and Wendell Berry. very calming!  
12:53:55 From katie : West Wing is so great!  
12:53:55 From Rebecca Gould : Love the West Wing  
12:53:55 From Jennifer Abe : I am looking for happy endings and police procedurals  
12:53:57 From KariS : Comfort reads: Sarah Addison Allen.  
12:53:58 From Colleen Jones : Love the West Wing! My favorite all time TV show!  
12:54:00 From Jodie Herring To All Panelists : we started West Wing too  
12:54:01 From Wyndi Labrecque : This is bringing joy to my life ... as an unexpected homeschool mom this feels like the one thing I do for myself ...  
12:54:02 From Renee : love The West Wing so much!!  
12:54:02 From Rose : I was reading Severance the end of January. AAH!! BAD TIMING!  
12:54:08 From Chelle : We've watched West Wing several times!  
12:54:09 From AmyPickett : I've been enjoying Schitt's Creek on Netflix for great laughs, and graphic novels for reading; a recent favorite was Almost American Girl by Robin Ha.  
12:54:19 From JennyLW : West Wing & The Newsroom are my 2 favorite shows (both Aaron Sorkin!)  
12:54:20 From Rose : Thank you!  
12:54:24 From Mimi Hutchinson : Thanks Anne  
12:54:25 From Jennifer Abe : Thank you!!  
12:54:25 From Elizabeth Sturdy To All Panelists : Thank you!  
12:54:27 From Charlotte : Thanks!  
12:54:27 From Ann Kroeker : Thanks for hosting this!  
12:54:28 From Chelle : thanks so much!  
12:54:29 From Carhart Photography To All Panelists : thank you!!  
12:54:29 From Jenn : Thank you!  
12:54:30 From Kristen V : Bye Anne!  
12:54:32 From katie : Thank you, Anne! This is such a lovely idea!  
12:54:33 From Deborah : Thanks Anne!  
12:54:34 From Janelle Carlson : This is hilarious!!!  
12:54:36 From Katie Allen : Goodbye and thank you!!  
12:54:38 From CarolB : thanks. great  
12:54:40 From Shopgirl221b : Thank you :) :)  
12:54:46 From Geannie : thanks Anne  
12:54:48 From Diane : Thanks Anne and Ginger!  
12:54:52 From Jennifer Erickson : Already counting down the hours until tomorrow night's bookclub!  
12:54:53 From Ginger Horton : Libro.fm: <https://libro.fm/audiobooks/>

9781545913642-don-t-overthink-it/?cmp=mmd18 / Bookshop.org: <https://bookshop.org/a/1047/9780801094460>

12:54:58 From Ann Kroeker : My indie bookstore is ordering the book and I hope I get it soon...she was waiting to order until the event.

12:55:00 From Helen : Anne and Ginger, thank you. Wish you and everyone well.

12:55:04 From readerreet To All Panelists : such a good book.

12:55:04 From Debra LaTerza : Thanks Anne. Good thoughts for your dad

12:55:05 From Deborah : I loved Don't Overthink It!

12:55:05 From Erika Claves : Thank you!!

12:55:05 From Marie : Thanx and be safe everyone!

12:55:08 From Brandi O'Donnell : So wonderful! Thank you! <3

12:55:12 From Denise Gordon : we still doing the after party I hope?

12:55:13 From Tiffany To All Panelists : loved listening while I have had to work! will definitely we buying a few of these for gifts

12:55:16 From Jeanne : Thanks, Anne and Ginger! These have been bright spots in our week and fun to look forward to!

12:55:16 From Charnee : Thank you.

12:55:18 From Mary Ellen : Right Denise!

12:55:20 From Bethany Planton, GPC : Thank you, Anne and Ginger.

12:55:22 From carole : this has been GRRRRREAT!

12:55:23 From sue To All Panelists : Thank you for doing this - it was a nice break!

12:55:25 From Natalie Schmidt : Wishing everyone peace, safety, and great health!

12:55:28 From Hildred To All Panelists : Yes Schitt's Creek! Also Dublin Murders from the books.

12:55:31 From MaryBeth : Any word on when the next week's schedule will be announced?

12:55:31 From Stephanie Marson To All Panelists : It's funny the last book the I finished before the coronavirus was "The Age of Miracles"by Karen Thompson Walker

12:55:33 From Mo To All Panelists : thank you Anne & Ginger! 🥰🥰❤️

12:55:36 From Janelle Carlson : Thank you so much Ginger, this was great! You're an awesome host!

12:55:37 From Mary Ellen : All the Parties Ginger!!!!

12:55:38 From David Kashangaki : thanks Ginger!

12:55:38 From KariS : Thanks as always!

12:55:39 From Hildred To All Panelists : Thanks, Anne!

12:55:42 From eliza\_barger : This has been great, thanks!!

12:55:46 From Keira To All Panelists : Can we send out the replay pages again because I think I have missed them? :(

12:55:49 From Ann Kroeker : I may have to buy the ebook to get it now and then I'll get the indie bookstore copy later.

12:55:53 From dbtx To All Panelists : thank you

12:55:53 From Teresa : Thanks for organizing us, Ginger!

12:55:56 From Mimi Hutchinson : I heard we have a repeat author coming back? Any details?

12:55:57 From katie : You do such a great job, Ginger!

12:55:58 From Denise Gordon : What's going on in your house Ginger?

You guys surviving?

12:56:08 From Denise Gordon : surviving?

12:56:13 From Erin Fortney : Thanks for a great event – this was my first MMD live event. It was awesome to connect with so many people and also so many helpful coping mechanisms for these weird times.

12:56:13 From Robyn To All Panelists : Thanks so much!

12:56:14 From Denise Gordon : and are you in the middle of a move??

12:56:14 From Charlotte : You ladies are PROS!

12:56:18 From Mimi Hutchinson : yay

12:56:25 From Chelle : after party spoilers!

12:56:26 From Brandi O'Donnell : Such a tempting statement, Ginger!!!

12:56:26 From Kathryn : Enjoyed this, thank you!

12:56:27 From Mary Ellen : Here's a link to join the bookclub:

<https://members.modernmrsdarcy.com>

12:56:28 From Angela in NC : Is it Deanna Raybourn????? She was great!!!

12:56:32 From Denise Gordon : How many kids underfoot?

12:56:35 From Janelle Carlson : Any bites on your house Ginger??

12:56:56 From Elizabeth Sturdy To All Panelists : Thank you Ginger this event, book, and my glass of wine bring be great joy!

12:57:02 From Kristen V : I miss MMD Book Club. One day I will be back when time and money loosens.

12:57:04 From Elizabeth Sturdy To All Panelists : (anne for the book) !

12:57:16 From Denise Gordon : @Janelle Where are you again?

12:57:29 From Mimi Hutchinson : Is Anne's dad in the KY?

12:57:33 From Laura Miller (Library.Laura) : I love @TheUnreadShelf on instagram

12:57:42 From Denise Gordon : It's so discouraging w all those neighbor kids and I know you said you are dealing with it too.....

12:57:43 From Sheryl To All Panelists : The Read it Forward group is good on Facebook

12:57:51 From Megan Greening : Reading Glasses Podcast

12:58:01 From Stephanie Marson To All Panelists : Strong Sense of Place Podcast

12:58:02 From Joyce Lobmaster : I second @TheUnreadShelf! Really great!!

12:58:05 From Deborah : Money Saving Mom talks about books. Laura Tremaine. Read Aloud Revival for kids.

12:58:05 From Ginger G : From the Front Porch

12:58:13 From maureenvaags-nyhof To All Panelists : Maybe one day there will be a live book tour in Canada, but this was a treat, since I would not have been able to participate in the actual book tour. Thanks so much for coming up with this idea!

12:58:17 From Mary Ellen : Novel Pairings is also a new podcast

12:58:18 From Karen To All Panelists : Just the Right Book podcast

12:58:21 From Hildred To All Panelists : Bookbimbo

12:58:25 From Mary Ellen : Strong Sense of Place podcast is fabulous

12:58:28 From Lindsey Brackett : Well Read Beth is a great podcast for books too!

12:58:32 From Jacqueline Ramlogan To All Panelists : currently reading podcast  
12:58:37 From KariS : I don't have a podcast but I love to recommend books :) @whatkarireads  
12:58:38 From Mary Rogovin : yes – I listened to Novel Pairings bonus episode this morning ... so good!!  
12:58:40 From Jessica Kim To All Panelists : charlotte.reads.books on IG  
12:58:44 From allison : I love The Stacks podcast, too  
12:58:45 From Jane : where di d you get your earrings, Ginger?  
12:58:51 From Jessica Kim To All Panelists : TheStackspod on IG  
12:58:58 From Denise Gordon : Is Novel Pairings a podcast?  
12:58:59 From Helen : Agree. Enjoy Well Read podcast.  
12:59:01 From Deborah : I chat about books and do book reviews on my blog, A Delightful Glow if interested. Mostly nonfiction, Christian genre and kid's books! :)  
12:59:06 From Charlotte : Currently Reading is one of my favorite podcasts. (And @whatkarireads is one of my BEST book recommenders)  
12:59:06 From Karen : Just the Right Book podcast  
12:59:14 From Janelle Carlson : There's a show on PBS this week == Jane Austen, Behind Closed Doors. I taped it but haven't seen it yet but looks good!  
12:59:16 From Millie To All Panelists : Strongly suggest Strong Sense of Place. It is great! Travel and books!  
12:59:18 From Angela in NC : Yes, real breaks. I try to take a reading break while I eat lunch.  
12:59:25 From Denise Gordon : I missed Literary Luncheon online today with Annie from The bookshelf ..it was today at noon also!  
12:59:37 From allison : Will be looking at @whatkarireads right after this! I'm on IG @bookfareblog  
12:59:45 From Kristen V : This is helping us appreciate the little things.  
12:59:54 From Mary Ellen : @bookmusingsbyme  
13:00:14 From Carhart Photography To All Panelists : @flannelsandfoxes here!  
13:00:18 From Mary Rogovin : THANK YOU!!!  
13:00:21 From Kristen V : Thanks for loving on us today and all this week.  
13:00:23 From debra To All Panelists : I love these talks!!!!!!  
13:00:24 From Simona A : thanks!!!  
13:00:24 From Mary Ellen : THANK YOU!!!!  
13:00:24 From allison : Thank you Anne and Ginger!!  
13:00:25 From Stephanie Marson To All Panelists : Do we have closing theme song  
13:00:25 From Chelle : Brene Brown just launched her new podcast Unlocking Us  
13:00:28 From Carhart Photography To All Panelists : thank you!!  
13:00:29 From Cielo Cournoyer : thanks!